



# The MAMMI Study



Trinity College Dublin

---

## Newsletter Issue 3, September 2014

---

More news from the MAMMI study!

We hope you had a good summer and that you and your family are well. It has been another exciting 4 months for the MAMMI study as we have now more than 1700 women participating in the study. Thank you for taking part and making this possible!

---

### Progress to Date (August 2014)

The number of women who have completed each stage of the study is as follows:

Survey 1 (early pregnancy)	1764
Survey 2 (3 months postpartum)	1048
Survey 3 (6 months postpartum)	838
Survey 4 (9 months postpartum)	641
Survey 5 (12 months postpartum)	471

Later surveys come in as women continue in the study. We love getting your postnatal surveys as they tell us how you are getting on in your life as a new mother.

### New MAMMI Study Site starting up soon

With recruitment for the MAMMI study at the Rotunda hospital coming to an end over the next few months, and with MAMMI 2 at the University College Hospital in Galway well on the way, the research team is getting ready to also start the MAMMI study at the Coombe Women & Infants University Hospital in Dublin in a few months time. We would like to thank all the staff at the different sites for their invaluable help!

### Photo gallery

We have already received some lovely photos of your babies, thank you! You can still send us a picture of your baby if you would like to; just email us the photo at [contact@mammi.ie](mailto:contact@mammi.ie). The idea is to create

a photo gallery on the website called 'My mammy had me during MAMMI' and we would love to know what you think about this. The gallery would include a picture of your baby, your baby's first name but not your family name or any other personal details so that you cannot be identified. If you like this idea and would like your baby's picture added to the gallery, then email us a photo. We will only do this with your consent.

### Sharing the Findings

Many of our research team are continuing to present the findings from the MAMMI study around the world. The MAMMI study team was well represented at the International Confederation of Midwives Congress in Prague last June with three members of the team presenting on different maternal health topics including incontinence, sexual health and mental health. Francesca also presented the early findings on pelvic girdle pain during pregnancy at the European Chiropractic Conference in Dublin. These presentations will be available on our website [www.mammi.ie](http://www.mammi.ie) soon if you would like to have a look.

*This 4-monthly newsletter keeps you up to date of what is happening with the MAMMI study. May we wish you a wonderful autumn and you will hear from us again in 2015 with more news and updates. In the meantime, we would be grateful if you could let us know if your contact details have changed so please stay in touch.*

For more information, please contact the MAMMI team on 087 1956441 or [contact@mammi.ie](mailto:contact@mammi.ie)