



Coláiste na Tríonóide, Baile Átha Cliath
Trinity College Dublin

Ollscoil Átha Cliath | The University of Dublin

School of Nursing and Midwifery
Trinity College Dublin
24 D'Olier Street
Dublin 2

1st May 2016

Dear Mother-to-be,

I am Sunita Panda, a PhD student in the School of Nursing and Midwifery, Trinity College Dublin.

I am conducting a study in the Coombe Women and Infants University Hospital called The MAMMI Study and it is about first-time mothers' health during pregnancy and after the birth of their baby.

It is known that some women really enjoy becoming mothers for the first time and experience the joy and fulfilment that motherhood brings. Other women experience health problems. Some of these problems may be physical, such as backache or pain if they have had stitches or wounds after the birth. Some women may have problems controlling when they pass urine (water). Some women may have emotional/mental health problems such as low mood or depression.

At this time in Ireland, we do not know much about the health of first-time mothers once they leave hospital after the birth and during the 12 months after the birth.

I would like to ask you to consider taking part in the study. If you feel this is something that would interest you, I should be grateful if you would read the study information, the consent form and the first survey form (enclosed).

Thank you for taking the time to consider my request.

Please feel free to contact me on the study mobile number 087 2290989 or email contact@mammi.ie

I look forward to hearing from you and wish you well with your pregnancy.

Yours sincerely

Sunita Panda
On behalf of the MAMMI Study Team
Telephone 087 2290989

The MAMMI Study team members are:

Professor Cecily Begley, Principal Investigator, & Professor Mike Clarke,
Deirdre Daly, Post doctoral researcher
Deirdre O Malley, PhD student, HRB Research Fellow
Francesca Wuytack, PhD student
Sunita Panda, PhD student
Jamile Marchi, PhD student